



5th Sunday after Epiphany, Year B 4th February, 2024

Church of the Resurrection, Macedon 10am

The Parish of Gisborne acknowledges the traditional custodians of the land, the peoples of the Kulin Nations, and we pay our respects to their elders, living, past and emerging. The Parish of Gisborne is committed to being a Child Safe organisation.

Welcome

We extend a very warm welcome to everyone who joins us for worship. You are invited to join us in Holy Communion, whether you are a visitor or a regular parishioner of the Anglican Church. Please make yourself known to us and if you would like more information about our community and ministry, please visit our website or ask one of our parishioners.

ANGLICAN BOARD OF MISSION Working for Love, Hope & Justice

Sunday 4 February 2024 – Ordinary Sunday 5B [Epiphany 5] Isaiah 40.21-31; Psalm 147.1-11;

1 Corinthians 9.16-23 Mark 1.29-39

Healing Hands

Our hands can be used for many things, including healing and prayer. Dr Ben Carsons is a brilliant and renowned neurosurgeon with Gifted Hands, but without the love of his mother and her faith in him, his life would have been very different. Without Jesus using his hands for healing and prayer, Simon's mother-in-law and those who are sick or possessed by demons would not have been healed of the things that afflicted them. How can we use our hands to bring comfort and healing to others? How can we use our hands for prayer? In the words from Jesus' hands were kind hands by Margaret Cropper, "Take my hands, Lord Jesus, let them work for you ... till my hands are kind hands, quick to work for you."

- Pray for all who use their hands to bring healing and wholeness to others or to pray for others.
- Give thanks for the work and witness of the Church of the Province of Myanmar.

Text: The Rev Nicole Baldwin, Cessnock Parish, Diocese of Newcastle © Anglican Board of Mission, 2024

PARISH FIRE POLICY

If a C O D E R E D day is declared [this is the most extreme rating] and this occurs on a Saturday or Sunday – then please note that all services and/or parish activities will be cancelled on that day. This policy will also apply during the week and to all our centres. For other fire danger ratings, it is important that everyone implement their own fire plan.

Your own fire plan must always take precedence even if you are on a rostered duty.

Readings			
	n of the Resurrection Psalm 147.1-11	1 Cor 9.16-23	Mark 1.29-39
Next Sunday: Last after Epiphany, Church of the F 2 Kings 2.1-12 Psalm 50.1-6 2 0		of the Resurrection 2 Cor 4.3-12	Mark 9.2-9

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The Gathering of God's People

TiS 127

1. Holy God, we praise your name, Lord of all, we bow before you; all on earth your power proclaim, all in heaven above adore you; boundless is your vast domain, everlasting is your reign.

2. Hear the loud celestial hymn angel choirs above are raising; cherubim and seraphim, in unceasing chorus praising, fill the heavens with sweet accord: 'Holy, holy, holy, Lord!' 3. Holy Father, holy Son, holy spirit, three we name you, while in essence only one, undivided God we claim you, and adoring bend the knee, while we own the mystery.

4. King of glory, Gos's own Son, humbly our poor nature sharing, now to save us you have come, all our sin and sorrow bearing; you have brought us saving grace, freed from guilt our sinful race.

5. Spare your people, Lord, we pray, by a thousand snares surrounded; keep us free from sin today, never let us be confounded: grant us with your saints a place; all our trust is in your grace.

Blessed be God, ¥ Father, Son and Holy Spirit, Blessed be God's kingdom, now and for ever. The Lord be with you. And also with you.

Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint. Isaiah 40.31

The Presider welcomes the people

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen. The Lord is full of gentleness and compassion. In penitence and faith let us ask his forgiveness of our sins.

God be gracious to us and bless us, and make your face shine upon us:

Lord, have mercy.

Lord, have mercy.

May your ways be known on the earth,

your saving power among the nations:

Christ, have mercy.

Christ, have mercy.

You, Lord, have made known your salvation, and reveal your justice in the sight of the nations:

Lord, have mercy.

Lord, have mercy.

May God who loved the world so much that he sent his Son to be our Saviour \clubsuit forgive you your sins and make you holy to serve him in the world, through Jesus Christ our Lord. **Amen.**

Gloria in Excelsis

Glory to God in the highest, and peace to God's people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High Jesus Christ, with the Holy Spirit, ★ in the glory of God the Father. Amen.

The Collect of the Day

Let us pray:

Saving God, whose Son, Jesus Christ, healed the sick and brought them wholeness of body and mind: inspire us, his disciples, so that we may constantly proclaim his gospel by our words and by the dedication and i integrity of our lives; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.. **Amen.**

Ministry of the Word

As we prepare to hear God's Holy Word through the scriptures, **open our hearts and minds, Lord. Amen.**

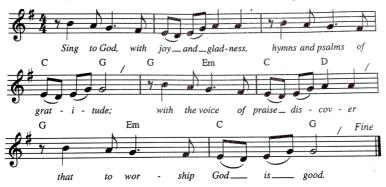
All sit for the Reading appointed.

Isaiah 40.21-31

May your word live in us **and bear much fruit to your glory.**

Psalm 147.1-11 (TiS 92)

Response: Sing to God, with joy and gladness, hymns and psalms of gratitude; with the voice of praise discover that to worship God is good.



God unites his scattered people, gathers those who wandered far, heals the hurt and broken spirits, tending every wound and scar.

God, with clouds, the sky has curtained thus ensuring rain shall fall; earth, responding, grows to order *Response* food for creatures great and small. *Response*

Such is God's great power and wisdom none can calculate or tell; keen is God to ground the wicked and with humble folk to dwell. *Res*

om God's discernment never favours strength or speed to lift or move; God delights in those who fear him, *Response* trusting in his steadfast love. *Re*

Response

We greet the Gospel: Alleluia! **Alleluia!** The child is the light to enligh |ten the nations, And the glory of your | people Israel. **Alleluia!**

The reader says

The Lord is here! God's Spirit is with us! The Gospel of our Lord Jesus Christ, according to Mark.

Mark 1.29-39

Glory to you, Lord Jesus Christ.

After the Gospel, the reader says This is the Gospel of the Lord: **Praise to you, Lord Jesus Christ.**

Breaking Open the Word

Affirmation of Faith Do you believe and trust in God the Father? I believe in God, the Father almighty, creator of heaven and earth.

Do you believe and trust in his Son Jesus Christ? I believe in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.

Do you believe and trust in the Holy Spirit?

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

This is our faith, the faith of the Church. We believe in one God: ✤ Father, Son and Holy Spirit. Amen. The Prayers of the People

The response to "Sing and give thanks to the Lord" is **For all his wonderful works.**

At the end of the prayers, we are invited to pray together:

Father in heaven the light of Jesus has scattered the darkness of hatred and sin. Called to that light we ask for your guidance. From our lives in your truth, our hearts in your love. We ask this through Christ, our Lord. Amen.

The Greeting of Peace

God has made us one in Christ.

He has set his seal upon us and, as a pledge of what is to come, has given the Spirit to dwell in our hearts. Alleluia.

cf 2 Corinthians 1.22

The peace of the Lord be always with you **and also with you.**

The Offertory

TIS 598

1. Dear Father, Lord of humankind, forgive our foolish ways; reclothe us in our rightful mind: in purer lives thy service find, in deeper reverence, praise, in deeper reverence, praise.

2. In simple trust like theirs who heard, beside the Syrian sea, the gracious calling of the Lord, let us, like them, without a word rise up and follow thee, rise up and follow thee. 3. O Sabbath rest by Galilee! O calm of hills above, where Jesus knelt to share with thee the silence of eternity, interpreted by love, interpreted by love!

4. Drop thy still dews of quietness, till all our strivings cease; take from our souls the strain and stress, and let our ordered lives confess the beauty of thy peace, the beauty of thy peace.

5. Breathe through the heats of our desire thy coolness and thy balm; let sense be dumb, let flesh retire; speak through the earthquake, wind, and fire, O still small voice of calm, O still small voice of calm.

With this bread that we bring we shall remember Jesus. With this wine that we bring we shall remember Jesus. Bread for his body, wine for his blood, gifts from God to his table we bring.

> God, Creator of all, we set your table with your own gifts to us. As this bread and wine are prepared by human hands, so shape our lives, we pray you, so that in all things we may glorify your name. We ask this through Jesus Christ our Lord. Amen.

> > The Great Thanksgiving

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

We follow the narrative of sacrifice through the scriptures:

We lift up our hearts to you, God, the all-merciful and compassionate; to you we offer thanks and praise through Jesus Christ, your Son. You give to the Church his mysteries to celebrate, by which you work a wonderful exchange: for our mortal nature you give immortal life; for our existence in a universe of time, you bestow an eternal destiny; for our slavery to the power of death, you give the glory of the resurrection in Christ. Through him, therefore, we glorify your holy name, with all the heavenly beings, signing without ceasing:

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.
Hosanna in the highest.
✤ Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

We recall your call to remember your Passion:

Father, on the night before he died, Jesus shared a meal with his friends. He took the bread, and thanked you. He broke it, and gave it to them, saying: Take and eat; this is my body, given for you. Do this to remember me.

After the meal, Jesus took the cup of wine. He thanked you, and gave it to them, saying: Drink this, all of you. This is my blood, the new promise of God's unfailing love. Do this to remember me.

Great is the mystery of faith: Christ has died. Christ is risen. Christ will come again.

Obeying his command

Father, as we bring this bread and wine, and remember his death and resurrection, send your Holy Spirit, that we who share these gifts may be fed by Christ's body and his blood.

We ask for the Holy Spirit to sanctify us and this celebration

Pour your Spirit on us that we may love one another, work for the healing of the earth, and share the good news of Jesus, as we wait for his coming in glory.

For honour and praise belong to you, Father, with Jesus your Son, and the Holy Spirit: one God, for ever and ever.

Blessing and honour and glory and power are yours for ever and ever. Amen.

The Lord's Prayer

As our Saviour Christ has taught us, we are confident to pray, Our Father in heaven, hallowed be your name, your kingdom come, vour will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power and the glory are yours now and forever. Amen.

The Breaking of the Bread and the Communion

The priest breaks the bread. One of the following may be said.

We break this bread to share in the body of Christ. We who are many are one body, for we all share in the one bread. Jesus, Lamb of God, have mercy on us. Jesus, bearer of our sins, have mercy on us. Jesus, Redeemer of the world, grant us your peace.

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

Lord, I am not worthy to receive you but only say the word, and I shall be healed.

Come, this is not the table of the Church, but of the Lord. All are welcome at his supper. Come.

Communion is received in one kind.

Anthem Ave verum corpus, Pearsall. SASC II, p 110

Post Communion Prayer

The works of his hands are truth and justice; all his commandments are sure. They stand fast for ever and ever; they are done in truth and equity.

You refresh and renew us, O God, with the sacrament of salvation.

As we take up the mission you have given us let this communion strengthen and increase the faith you have planted in our hearts. We ask this through Jesus Christ our Lord. TiS 560

 All my hope on God is founded; all my trust he will renew, through all change and chance he guides me, only good and only true.
 God, unknown, he alone calls my heart to be his own.

2. Human pride and earthly glory, sword and crown betray our trust; all we build with care and labour, tower and temple, fall to dust. But God's power, hour by hour, is my temple and my tower. 3. God's great goodness lasts for ever, deep his wisdom, passing thought; splendour, light and life attend him, beauty springing out of naught. Evermore from his store new-born worlds rise and adore.

4. Daily the almighty giver will his bounteous gifts bestow; in his will our souls find pleasure leading us where'er we go. Love will stand at his hand, joy shall wait for his command.

5. Still from earth to God eternal sacrifice of praise be done, high above all praises praising for the gift of Christ his Son. Hear Christ call one and all: those who follow shall not fall.

Dismissal

The Lord be with you. **And also with you.**

Let us ask for the blessing of God to be upon us. May Christ the Son of God be manifest to you, that your lives may be a light to the world: and the blessing of God most loving, the \bigstar Father, the Son, and the Holy Spirit be with us all, ever more. **Amen.**

One in heart and one in mind, and empowered by the Spirit, go in peace to love and serve the Lord. **In the name of Christ. Amen**

Postlude Komm heiliger Geist, Herre Gott, Buxtehude Services for next few weeks February 11th St Paul's 10 am February 14th ASH WEDNESDAY 10 am St Paul's 7.30 pm Church of the Resurrection

Palm Crosses

Please remember to return you palm crosses by next Sunday (11Feb) so that they may be prepared for the Ash Wednesday Services on Tuesday 14 February.

Mega Sale

A huge thank you to all who contributed to our Mega Sale over the last 2 Saturdays. It was great to be a part of this venture. We appreciate the many hours of sorting, displaying and pricing that went on prior to the event by Janine Sanders our Op Shop Coordinator, Op Shop Volunteers, and willing parishioners. Thanks to those who assisted on the two Saturdays and to those who have contributed to disposing of left over goods. To be able to make \$2322.05 a marvellous effort everyone.

Op Shop Saturday Roster.

We have a willing band of folk who support the Saturday Roster that provides an Op Shop outreach for those in our community who are unable to attend during the week and appreciate the opportunity to shop on Saturdays. We need two more people to volunteer for the 5th Saturday in the month, only 4 times in the year. We are also looking for volunteers for the Saturday 24th February as our regular volunteer/s may not be available. Please let Brett Collins or Alison Kitching know if you are able to support this mission in the community.

Transport for Paul on Sundays

We would like to set up a roster to provide Paul with transport to the morning service each Sunday. At present the morning service is at 10.00am and alternating between St Paul's and the Church of the Resurrection.

Paul lives in New Gisborne. Please let Vicki in the office know if you are able to provide Paul with transport and indicate which Sunday/s would suit you.

Sponsor Rev Charles Potter for a 60km cycle ride

Fr Charles is taking up the challenge of completing 60km of the Ballarat Cycle Classic on Sunday 18 Feb.

You can pledge to sponsor him for so much per kilometre completed and pay directly into the Parish Account, marking your pledge 'cycle'.

All proceeds go towards the Anglican Parish of Gisborne.

Tell Fr Charles your pledge amount to encourage him! Text 0468 331 549

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